

NAVY RESERVE FAMILY INFORMATION NEWSLETTER

For more information got to <http://navyreserve.navy.mil/Public/HQ/WelcomeAboard/CNRFC+Families>

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Every hour of every day, someone in the United States needs essential services - from finding an after-school program to securing adequate care for a child or an aging parent. Faced with a dramatic increase in the number of agencies and help-lines, people often don't know where to turn. In many cases, people end up going without these necessary services because they do not know where to start. 2-1-1 helps people find and give help. 2-1-1 is an easy to remember telephone number that, where available, connects people with important community services and volunteer opportunities. Visit <http://www.211.org/> for more information.

« Military Family Services » **Armed Forces Emergency Services**

Military Family Service/Support Centers



The Fleet and Family Support Program (FFSP) provides unified, customer-focused, consistent, and efficient FFSP programs and services to support sustained mission and Navy readiness. The Navy Fleet and Family Support Centers provides the right services at the right time, to strengthen personal and family competencies to meet the unique challenges of the military lifestyle. Visit <https://www.nffsp.org> for more information.



MISSION: Youth Outreach

Boys & Girls Clubs of America has joined forces with the Navy and Marine Corps to offer children of sailors and marines free programs and services at local Clubs. MISSION: Youth Outreach is a new initiative. Through this program, BCGA proudly shows its support for military families by expanding the reach of our after-school and summer programs to the children of military personnel, whether active duty or Reserve. Our goal: to give youth from Navy and Marine Corps families a positive place to go after school and on weekends – anytime kids need a place offering supervised programs designed to enrich lives. How to Use the Program
Parents can enroll their children in the program by calling 1-800-854-CLUB or going online to www.bgca.org (using the "Find A Club" feature), to find a Club in their area. Once you find the nearest Club, you'll need to go there in person to register your child. (Be sure to call the Club first to confirm their membership process.)



Drug Education For Youth (DEFY) is a self-esteem building program that provides kids with the tools they need to resist drugs, gangs, and alcohol.

Initially developed by the Drug Demand Reduction Task Force (DDRTF), DEFY is sponsored by the local command and restricted to youth ages 9-12 from military families. A 2-phase program, DEFY begins in the summer with either a five-day residential or an eight-day non-residential camp program. This challenging, fun-filled week in the summer is followed by a year of mentoring. Please visit the website at <http://www.hq.navy.mil>.